

# WEEK 9 DAY 3

## MAIN POINT:

There is something broken about all of us. Be willing to take an honest look at your sin and brokenness to discover what God may be doing in your life.

## KEY SCRIPTURE:

“If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”

(1 John 1:8-9)

# HUMBLY ADMIT YOUR BROKENNESS

**PRAYER:** Dear God, give me the courage to bravely face my sin and confess it to you. Help me to take this necessary step towards freedom and wholeness.

Let's face it. Everyone comes to recovery because something in life is not working. You may be struggling with addiction, a broken relationship, or a hurt caused by another's actions. Maybe you came because you have been too focused on pleasure, comfort, or reputation. There are all kinds of reasons why you came to fix something at *re:generation*, but ultimately, there is one reason you need recovery: you are affected by sin.

It may be difficult to admit that sin is what led you to recovery. You may not even consider your struggle to be sin. Or maybe your hang-ups have been such a part of life for so long that they feel normal to you. But make no mistake; sin is present in the lives of every man, woman, and child. Romans 3:23 says, “for all have sinned and fall short of the glory of God.”

Sin begins in your heart and results in self-serving, self-protecting, harmful behaviors. These behaviors can hurt your mental, emotional, and spiritual health, along with your relationships.

It is easy for pride to keep you from admitting your brokenness, or acknowledging that there is something in your life that you are powerless to fix. Beware, your pride is a deceitful enemy of your recovery! 1 John 1:8 says, “If we say we have no sin, we deceive ourselves, and the truth is not in us.” However, humbly acknowledging sin and its effects helps you live authentically, draws you closer to God, and begins to move you along the path of healing.

1 John 1:9 says, “If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” Honestly acknowledging where you are at today is a crucial first step in recovery.

In spite of all your sin, regardless of your brokenness, God loves you. He desires an authentic relationship with you and invites you into a life of recovery with him. He is able to heal you from the things by which you are most hurt and ashamed.

DRAFT

**APPLICATION:** Resist the urge to deny or hide from your sin or brokenness. In prayer, ask God to help you honestly address your sin. Write down one way that your pride has affected you this week. If you are willing, practice transparency by being open about your sin and struggles with your Groundwork group.