**Video 2: Completing Inventory (Video = 7 min):**

* Shown at the completion of Step 4, Week 1
* Total Time: 30 minutes (7 minutes for video, 23 minutes for discussion)
* If possible show during group time. Videos can be shown from online platform or downloaded from [regenerationrecovery.org > Inventory Resources.](http://www.regenerationrecovery.org/resources/inventory-resources/)
* Cover Q2-Q12 of the Inventory FAQ Document—common “How To” questions

**Group Discussion Questions:**

1. **Sierra listed the 6 segments of the Inventory Workbook process; resentments, fears, harms-to-me, harms-to-others, sexual inventory, and recovery issue inventory.**
   1. Are you hesitant to approach any of the inventory segments? If so, why?
   2. How many of the segments do we ask you work on each week? How often during the week?
   3. Sierra suggested setting aside extended time to work on inventory, how might you be able to achieve that?
   4. Will all of your inventory segments require the same amount of work?
2. **Before beginning to inventory, what two things should you read?** 
   1. What Appendices are included to help you complete your inventory?
3. **After viewing Sierra’s personal inventory example, what questions remain about how to fill out inventory worksheets?**
4. **What are some do’s and don’ts Sierra listed to help you work through step 4?**
5. **Sierra mentioned additional inventory worksheets and an FAQ document for you to check out. Where can you find those?**